

Terri

Patient recovering from a leg/foot surgery

"

It scares me when I go on webMD, I feel like I could have other issues too!

The Customer Journey

Stage	Injury	Surgery	Stitches Out	Done with Splin	t Done with Boot	Shoes	Review
Actions	 Go to a Doctor Get Xrays Get Diagnosis Find a Foot Doctor Specialist Set Surgery Date 	 Receive Invitation to App from Doctor Create Account Prep house for Post Op Have Surgery and go home Get Crutches / Scooter 	 Ice Leg Take Medications Do Exercises Use App to Document Get Stitches Removed Get Splint 	 Ice Leg Take Medications Do Exercises Use App to Document Get Splint Removed Get Boot 	 Ice Leg Take Medications Do Exercises Use App to Document Get Boot Removed Start walking in shoes 	 Get rid of Crutches / Scooter Driving Permitted Use App to Document Physical Therapy Starts 	Doctor decides if you are good or need of another procedure
Goals	Seek Medical Treatment to find out what's wrong	 Learn what to expect at each stage during the surgery and recovery process 	 Make sure the incision heals properly and does not get infected. Start recovery 	 Make sure the bones heal so splint can be removed Continue recovery 	Start weight baring stageContinue recovery	Get to be full weight baringContinue recovery	To be done with medical treatme and be considered healed
Thoughts	 I need to find a reputable Doctor Will I ever walk normally again I hope this doesn't permenatly damage me I have to figure out diability for work 	 I'm nervous about being knocked out for surgery I'm worried about missing work My family/ spouse will need to step up and help me. I hope I'm not a burden 	 Can't wait until they are out so I can shower again! I hate just sitting around This sucks, I'm in so much pain right now and I can't do anything 	 I'm so happy that splint is gone! That was terrible! The boot will be easier to put on and move around in I get to put some weight on my injured foot (boot) but still hate using crutches 	 I'm not sure if I feel comfortable putting full weight on my boot I want doctor to tell me I can be at 50/50 weight baring level so I can walk without crutches I'm getting some of my freedom back and it makes me happy 	 l've never been so happy to wear shoes! l'm no longer trapped relying on others to drive me Does everything feel good or is something still off? 	 I hope the doctor clears me I can't wait to enjoy y life again It's been a long journey and I'm s happy!
Emotional Experience	• Nervous surgery • Devastated by the injury	• Overwhelmed - with long road ahead of me	• Conten with stitches coming pain and mobility	in in	nnoyed - Still lots of pain Can't get to full weight baring yet		• Happy - I'm finally done with everything Vorried - Will I ever be able to heal properly
ouch points	Hospital Doctor Office	Doctor OfficeGetBetter App (smartphone)	Doctor OfficeGetBetter App (smartphone)	Doctor OfficeGetBetter App (smartphone)	Doctor OfficeGetBetter App (smartphone)	Doctor OfficeGetBetter App (smartphone)	Doctor OfficeGetBetter App (smartphone)